

in December 2025



Season's Greetings

Dear friends of the UNESCO Chair from Basel and Gqeberha

Another year is quickly drawing to a close. We would like to thank you for the trust you have placed in us and the resulting enjoyable cooperation. It was an intense year with many enriching moments.

In the last year, our work focused mainly on *KaziPlay*, *KaziHealth*, the **Short Learning Programmes (SLPs)** and the **SiyaPhakama Zwide Schools Project**. These initiatives build on more than ten years of collaboration between the University of Basel, the Swiss TPH and Nelson Mandela University. They are part of the **UNESCO Chair activities on 'Physical Activity and Health in Educational Settings'**.

In the *KaziPlay* project, the Department of Architecture of the Nelson Mandela University is a new partner. This cooperation project aims to give children living in neglected school environments opportunities to engage in joyful, child-friendly physical activity during breaks and outside of school hours.

[Link to the KaziPlay Report 2025 - 'Healthy Schools for Healthy Communities'](#)

KaziHealth addresses teachers' health with their wellbeing often overlooked in South Africa. Addressing physical inactivity and unhealthy diets through tailored interventions is crucial to improve the health of teachers working in low-resourced settings.

[Link to the KaziHealth Study](#)

Both initiatives contribute to UNESCO's SDG 3: 'Ensure healthy lives and promote well-being for all at all ages' and SDG 4: 'Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all'.

We greatly value the collaboration with you as our partner in public health research to support the implementation of the UNESCO programs **Quality Physical Education (QPE)** and **Fit4Life** and look forward to up-coming joint activities in 2026.

Best Wishes for a Happy and Prosperous New Year 2026!

On behalf of the entire UNESCO Chair Team
from Basel, Switzerland, and Gqeberha, South Africa

Prof em. Dr Uwe Pühse, UNESCO Chair Holder (CH)
Prof em. Dr Cheryl Walter, UNESCO Co-Chair Holder (SA)
Dr Danielle Dolley, Project Coordinator (SA)
Dr Ivan Müller, Project Coordinator (CH)



KaziPlay Report



KaziHealth Study